

Members in Action

Camp Celiac

by Denise Segreti, Mike Richman and Lisa Walton

Camp Celiac 2010 was a great success and boasted near-perfect weather the entire week. The campers enjoyed gluten-free food, field games, fishing, more gluten-free food, team events, crafts, swimming, boating, more gluten-free food, singing, team-building activities, campfires and even more gluten-free food! We had over 45 vendors generously donate food items to camp this year and we all enjoyed every bit of it

The campers are moving from about 7 a.m. to 9, 10 or 11 p.m., depending on their age group. We had a rock-climbing wall, a water



Perfect weather for a canoe trip

carnival, an Amazing Race and a Survivor competition. In addition, the teenagers participated in

horseback riding and high rope climbing. Our annual camp dance was a huge success with donated baked goods from Mr. Ritt's Bakery. The bakery is closing its doors soon, and we will miss its many years of support and gooey desserts.

Dean Lavornia, a pastry chef from Johnson and Wales University in Providence, spent one day with

us doing five separate cooking demonstrations with his fantastic graham cracker recipe, and then each group enjoyed S'Mores. Dean was great with the kids and was able to capture and keep the attention of all age groups.

We started a new camp tradition this year with the Golden, Silver and



Campers form new friendships



Golden plunger



Building cooperation

Bronze Plunger awards being given out before dinner each night. The

awards went to the cleanest living area, room or cabin for that day. It

was interesting to note that boys won more times than girls!

Thursday Night Live was a fun event with teams presenting funny skits to the whole camp. There was much laughter and hilarity, and it's difficult to say who had more fun, the actors or the audience!

The campers each made a quilt square that depicted in words or pictures what Camp Celiac means to them. A very generous friend is going to turn all these wonderful squares into quilts that we plan to auction off as a fund-raising event for the 2011 camp.

On the last day, we had to say good-bye amidst tears and hugs to a large group of 16-year-olds, many of whom have been at camp

for 11 years. These kids really helped out this year by establishing relationships with some of our newer campers and making them feel comfortable. We will miss the energy and friendship of these 19 long-time campers.

We have received dozens of e-mails and letters from parents and campers since camp ended. Comments range from kids telling their parents about their new best friend, to making sure the parents mark the family calendar next year, to grateful appreciation for a very fun week. We **look forward to next year already set for August 7–12. Registration information will be available around February 1.**

Visit www.campceliac.org for more information including a list

of camp sponsors and links to their Web sites.



Just having fun