

CAMP CELIAC

Suggested Packing List



Please clearly label all items with first and last name. Help prevent them from being lost or left at camp by making a complete list of articles and taping it inside the camper's suitcase and include your camper in the actual packing process so he/she will know where things can be found.

- 6 rapid COVID-19 test kits (labeled with the camper's name)
 - Minimum 10 facemasks (disposable are preferred)
 - Sleeping bag or twin size sheets, pillow, and a light blanket (sometimes it gets cold at night!)
 - Bath Towels
 - Toiletries (shampoo, soap, deodorant, comb, brush, toothbrush/toothpaste, feminine products, etc.) and something with which to carry their toiletries and change of clothes/towel to the bathhouse.
 - Shower shoes
 - Laundry Bag (to take home dirty clothes)
 - Sunscreen and Bug spray
 - Rain Coat (poncho), rain boots
 - Long pants (Jeans)
 - Sneakers that tie (suggest two pairs in case one gets wet)
 - Swimsuit and Towel for lake
 - Plastic pants hanger with clips (for wet towels in case it is raining on the outside clothesline)
 - Pre-addressed, stamped envelopes and stationery to write home, books, magazines, or other quiet activities for Feet on Bunk rest period each day.
 - Sweatshirt
 - Flashlight, batteries
 - Medication authorized by doctor in prescription labeled bottles only
 - Camera and film
 - We do have a dance one night, so if you choose to, you can pack one nice short/shirt outfit for that, keeping in mind this is a camp dance, so make sure it is not expensive or inappropriate.
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- **Do Not Bring The Following:**
 - Food, gum, candy, snacks of any kind...it attracts mice and chipmunks!
 - Cell phone, iPod, radio, handheld game, CD player, DVD player, Video games or any electronic devices; bikes, skateboards, hoverboards, etc.
 - Pets
 - Anything valuable that you would not want to lose.
 - Money